

## **Abbvie's HUMIRA (adalimumab) Sharps Mail-Back Program**

### **1. Abbvie's Sharps Mail-Back Program for HUMIRA Provides for the Safe Collection and Proper Disposal of Waste Devices**

HUMIRA is available in a pre-filled syringe or an auto-inject pen. The majority of patients inject HUMIRA via the auto-inject pen.

Abbvie offers a complimentary Sharps Mail-Back program to all patients taking the medication, which is convenient and provides a safe and environmentally-friendly way for patients to dispose of their HUMIRA needles following an injection. The Sharps Mail-Back program helps protect patients and healthcare professionals by allowing for the safe collection and proper disposal of used HUMIRA needles.

- The program is available to all patients living in the U.S., whether they use the pre-filled syringe or the auto-inject pen.
- Patients can sign up for the Sharps Mail-Back service on HUMIRA's website ([www.myHUMIRA.com](http://www.myHUMIRA.com)) or via its toll-free number (1-800-448-6472). There's no cost to sign up for this service and enrolling is easy.



How the service operates:

- When patients request the service, Abbvie sends a free sharps container to them.
- When the container is full, patients call Abbvie's toll-free number to request a free mail-back box and a replacement sharps container.
- The mail-back box is provided to the patient and contains all necessary return shipping address labels/materials. The return postage is pre-paid by Abbvie. Once patients receive the mailing box, they simply insert their full sharps container into the mail-back box and drop in the mail.
- The disposal container kit contains an instruction sheet. The information contained on the instruction sheet provides a description of the different items included in the disposal kit, instructions for container preparation, proper use and steps on how to return the kit (including important handling information). An Abbvie toll-free phone number is noted on this instruction sheet and reinforces where to call when patients are ready to re-order a disposal container. There's also a reminder sticker with the toll-free phone number that is included on the sharps container for easy reference.
- Additional containers and return boxes continue to be sent to patients when needed and requested while the patient remains on HUMIRA therapy.

## **2. Patient Education**

Abbvie's Sharps Mail-Back program is communicated through multiple channels to ensure patients are aware of the no-cost program:

- An Injection Training Kit, which is typically given to patients by their healthcare provider.
- Information delivered directly to patients via mail, email and designated product websites.
- Specialty pharmacies that fill product prescriptions for patients.
- A complimentary in-person injection training service provided by nurses.
  - Abbvie contracts with a nursing service to provide patients no-cost training on how to inject the product. Nurses train patients wherever it's most convenient for the patient: at home, doctor's office or through several nationwide clinics. Nurses educate patients about the Sharps Mail-Back program and provide the Injection Training Kit to facilitate enrollment.
- Educational materials distributed to patients by their healthcare provider include information about Abbvie's Sharps Mail-Back program.

## **3. Coordination**

Abbvie contracts with a nationally recognized vendor to manage the operations of its Sharps Mail-Back program. Abbvie's vendor is a premier provider of this service and regularly monitors applicable pending and enacted legislation to ensure continued compliance with federal, state, and local laws governing residential disposal of sharps containers.

Abbvie has taken a proactive approach to ensure patients on HUMIRA have the most comprehensive collection, containment, return and waste treatment option available for sharps disposal.

## **4. Consumer Community Involvement**

Abbvie regularly improves its programs to ensure high-quality service delivery. Abbvie also performs ongoing research with consumers and healthcare providers to frequently evaluate its services, including "Consumer Panels" comprised of patients, nurses, physicians and support partners to solicit feedback on how to improve services, such as the Sharps Mail-Back program. New services are added and/or existing services are enhanced based on input from both patients and healthcare providers. In fact, Abbvie's patient support program for HUMIRA evolved to include services like the Sharps Mail-Back program based on patient and healthcare provider input.

Abbvie supports many professional and patient advocacy groups and regularly solicits input from the advisory boards of these organizations. Given their leadership in the communities they support, these advisory boards provide an important foundation to connect with the ongoing needs of patients, caregivers and healthcare providers.